The Hans Foundation

Health and Nutrition Expert in Jharkhand | The Hans Foundation

Jamua, Jharkhand · contract · mid level · Competitive

Application Assist →

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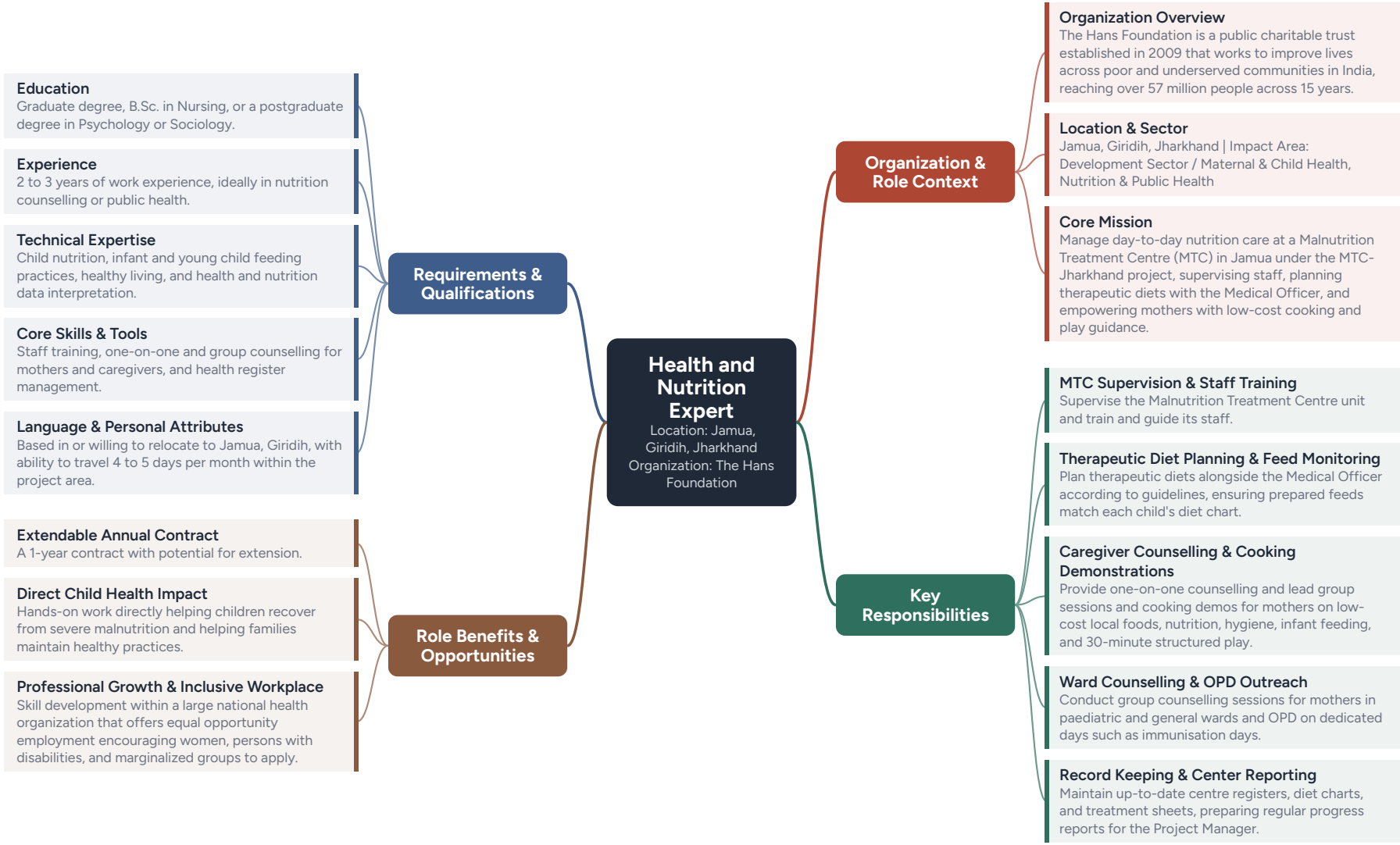

Skills this role needs

- Nutrition counselling
- Therapeutic diet planning
- Infant and young child feeding
- Group counselling and food demonstrations
- Record keeping and reporting

Job description

The Hans Foundation

The Hans Foundation is a public charitable trust, set up in 2009, that works to improve life for poor and left-out communities across India. Its main focus is health and wellbeing for people in remote and underserved areas, especially children, women and persons with disabilities. It also runs education and livelihood programmes. It works in some of the poorest districts in the North, North-East and East of India, and with low-income and migrant families in cities. In 15 years, its programmes have reached more than 57 million people. This role sits within The Hans Foundation's MTC-Jharkhand project, which supports MTCs (Malnutrition Treatment Centres) that care for children with severe malnutrition.

Role

As Health and Nutrition Expert, you will run day-to-day nutrition care at a Malnutrition Treatment Centre in Jamua, Giridih district. You will supervise the unit, train and guide its staff, and work closely with the Medical Officer to plan the right diet for each child. Most of your time goes to mothers and caregivers. You will help them understand why their child became malnourished and show them how to cook simple, low-cost, nourishing food at home. You will also teach them how play helps their child grow. The role reports to the Project Manager.

Responsibilities

- Supervise the Malnutrition Treatment Centre and train and counsel the staff who work there.
- Plan a therapeutic diet for each child according to the guidelines, together with the Medical Officer.
- Monitor how feeds are prepared and given out so they match each child's diet chart.
- Keep centre registers, diet and treatment sheets up to date and prepare regular reports.
- Assess each child's feeding problems and give one-on-one counselling to their mother or caregiver.
- Lead group sessions and cooking demonstrations for mothers on low-cost, energy-rich local foods, and on nutrition, hygiene and sanitation, infant and young child feeding, immunisation and family planning.
- Show mothers how to use structured play for at least 30 minutes a day to support their child's emotional and mental growth.
- Hold group counselling for mothers in the paediatric and general wards and in the outpatient department on set days, such as immunisation day.

Requirements

- A graduate degree, a B.Sc. in Nursing, or a postgraduate degree in Psychology or Sociology.
- 2-3 years of work experience, ideally in nutrition counselling or public health.
- Good knowledge of child nutrition, infant and young child feeding, and healthy living practices.
- Ability to read and make sense of health and nutrition data and records.
- Confidence in training staff and counselling mothers and caregivers, both one-on-one and in groups.
- Based in or willing to relocate to Jamua, Giridih, and able to travel 4-5 days a month within the project area.

Benefits

- A 1-year contract that can be extended.
- Direct, hands-on work that helps children recover from malnutrition and helps families keep them healthy.
- The chance to grow your skills with an organisation that runs large health programmes across India.
- An equal opportunity employer that encourages women, persons with disabilities and people from economically and socially excluded communities to apply.

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About the organisation

The Hans Foundation

Gurugram, Haryana · Health, Disability, Education & Livelihood Development

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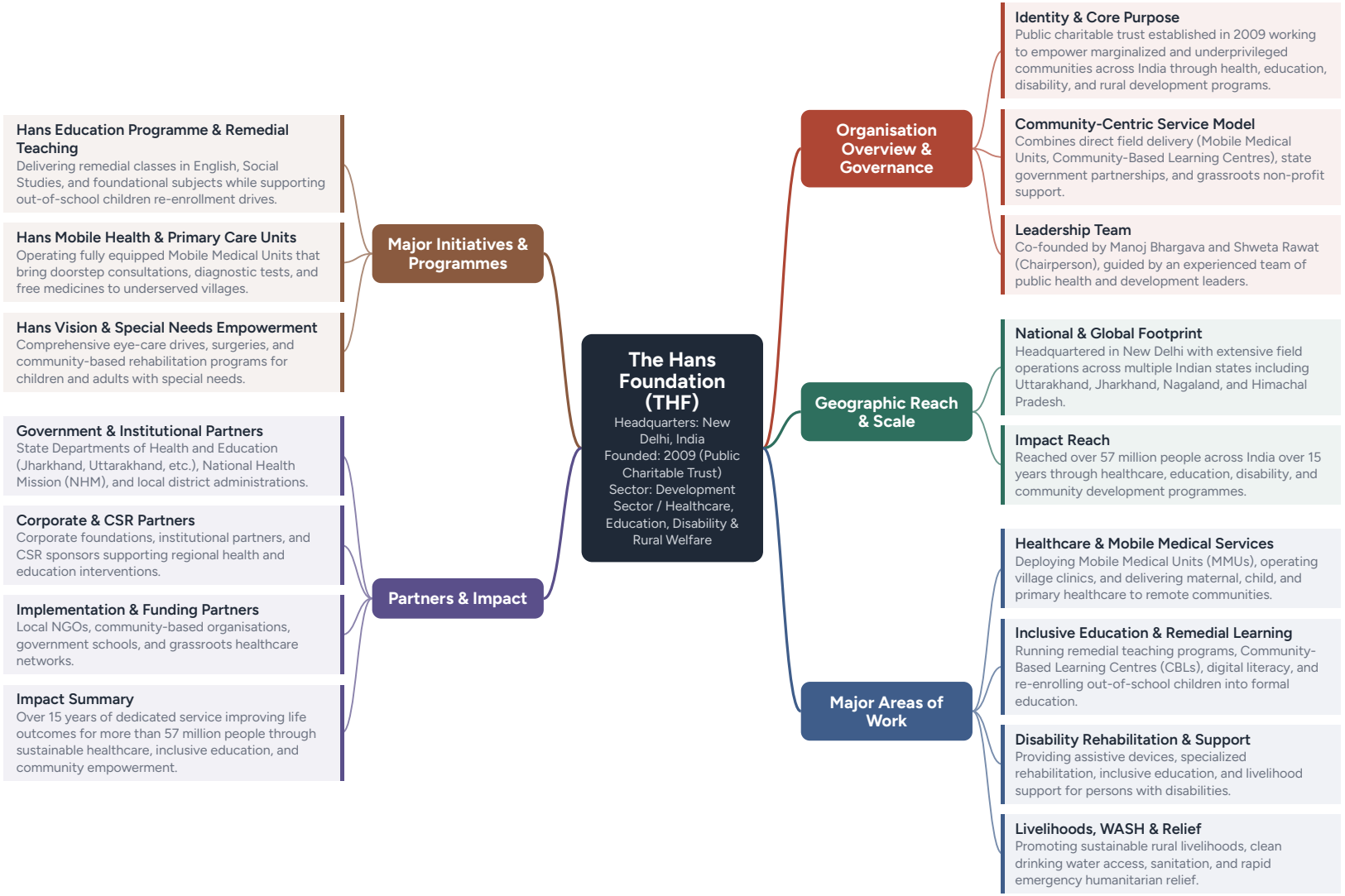

About The Hans Foundation

The Hans Foundation (THF) is one of India's leading philanthropic organisations dedicated to improving the quality of life of underserved communities through integrated interventions in health, education, disability inclusion, livelihoods, and humanitarian response. Established in 2009 by philanthropist Manoj Bhargava and Chairperson Shweta Rawat, THF is a Public Charitable Trust committed to creating equitable access to essential services for vulnerable populations across India. Initially focused on supporting grassroots NGOs through grant-making, The Hans Foundation has evolved into a large-scale implementing organisation that works directly with state governments, healthcare institutions, local communities, and civil society organisations. Through strategic partnerships and evidence-based programmes, THF delivers sustainable, community-driven solutions that improve health outcomes, strengthen education systems, promote economic empowerment, and support inclusive development.

Youtube video

With operations spanning 23 states and over 130 districts, the organisation reaches some of India's most remote and underserved regions. Its multidisciplinary teams work closely with governments, hospitals, community organisations, and local stakeholders to strengthen public service delivery and improve long-term social outcomes.

Major Areas of Work

- Health: Strengthening access to primary, secondary, and tertiary healthcare through hospitals, mobile medical units, specialist care, and public health initiatives.
- Disability Inclusion: Promoting rehabilitation, assistive services, therapy, education, livelihood opportunities, and social inclusion for persons with disabilities.
- Education: Expanding access to quality education and improving learning outcomes for children from disadvantaged communities.
- Livelihoods: Supporting skill development, entrepreneurship, financial inclusion, and sustainable livelihood opportunities.
- Community Development: Building resilient communities through integrated development programmes and partnerships.
- Climate & Disaster Response: Providing emergency relief, disaster recovery, and climate resilience initiatives in vulnerable regions.
- Government Partnerships: Collaborating with state governments to strengthen public systems and scale development programmes.

Major Initiatives and Programmes

Hans Mobile Medical Units (HMMU): Delivering essential primary healthcare services to remote and underserved communities through fully equipped mobile clinics.

Hans Renal Care Centres: Providing free dialysis and kidney care services for economically vulnerable patients.

Hans Mobile Therapy Programme: Offering physiotherapy, occupational therapy, speech therapy, and special education services for children and persons with disabilities.

Hans Vriksh Education Programme: Supporting access to quality education through school improvement, scholarships, and child-centred learning initiatives.

Hans Paediatric Programme: Providing specialised healthcare interventions including cochlear implants, congenital heart surgeries, vision care, and child health services.

Vision Uttarakhand Initiative: A flagship partnership with the Government of Uttarakhand supporting health, education, livelihoods, agriculture, water, disability, and rural development.

IDEA (Inclusion of Divyangjan Entrepreneur Association): Empowering persons with disabilities through entrepreneurship support, livelihood development, and employment opportunities.

Impact

- Reached over 17 million people across 23 states and 133 districts.
- Supported 400+ nonprofit organisations and grassroots partners across India.

- Established long-term partnerships with multiple state governments for healthcare, disability, education, and livelihood programmes.
- Operates one of India's largest mobile healthcare networks serving rural and remote communities.
- Supported thousands of patients through dialysis centres, paediatric healthcare, disability rehabilitation, and specialised medical interventions.
- Recognised for excellence in healthcare and social development, including the SABERA Award.
- Founded by philanthropist Manoj Bhargava, a signatory of the Giving Pledge, reflecting a long-term commitment to large-scale philanthropy.

The Hans Foundation offers professionals the opportunity to work on large-scale development programmes that directly improve healthcare, education, disability inclusion, and livelihoods across India. Employees collaborate with governments, hospitals, nonprofits, technical experts, and grassroots communities while contributing to sustainable, systems-level social impact.

The organisation is well suited for professionals interested in public health, programme management, disability inclusion, education, rural development, livelihoods, CSR, philanthropy, and government partnerships, offering opportunities to work on high-impact initiatives that reach millions of people across the country.

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