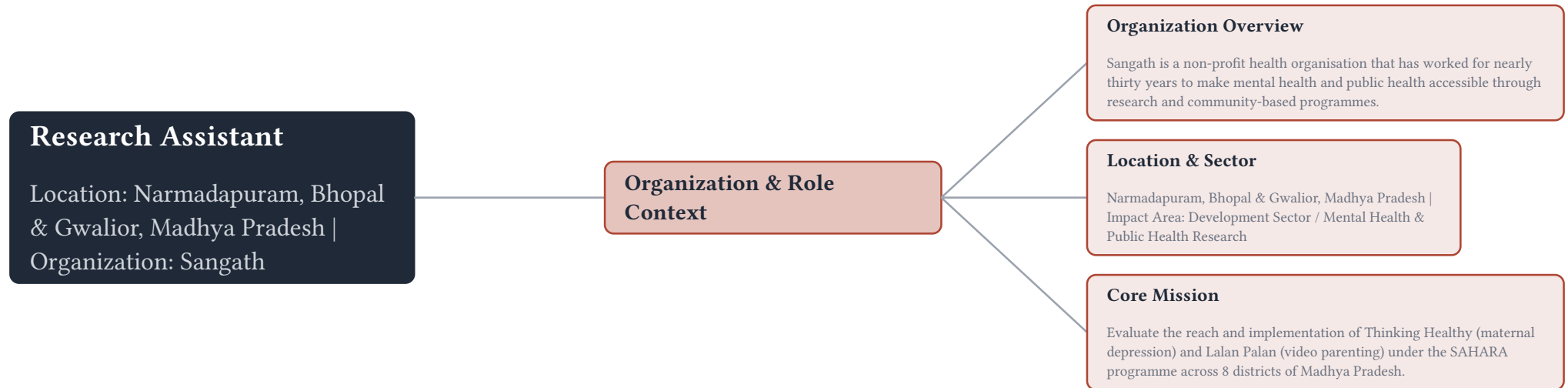
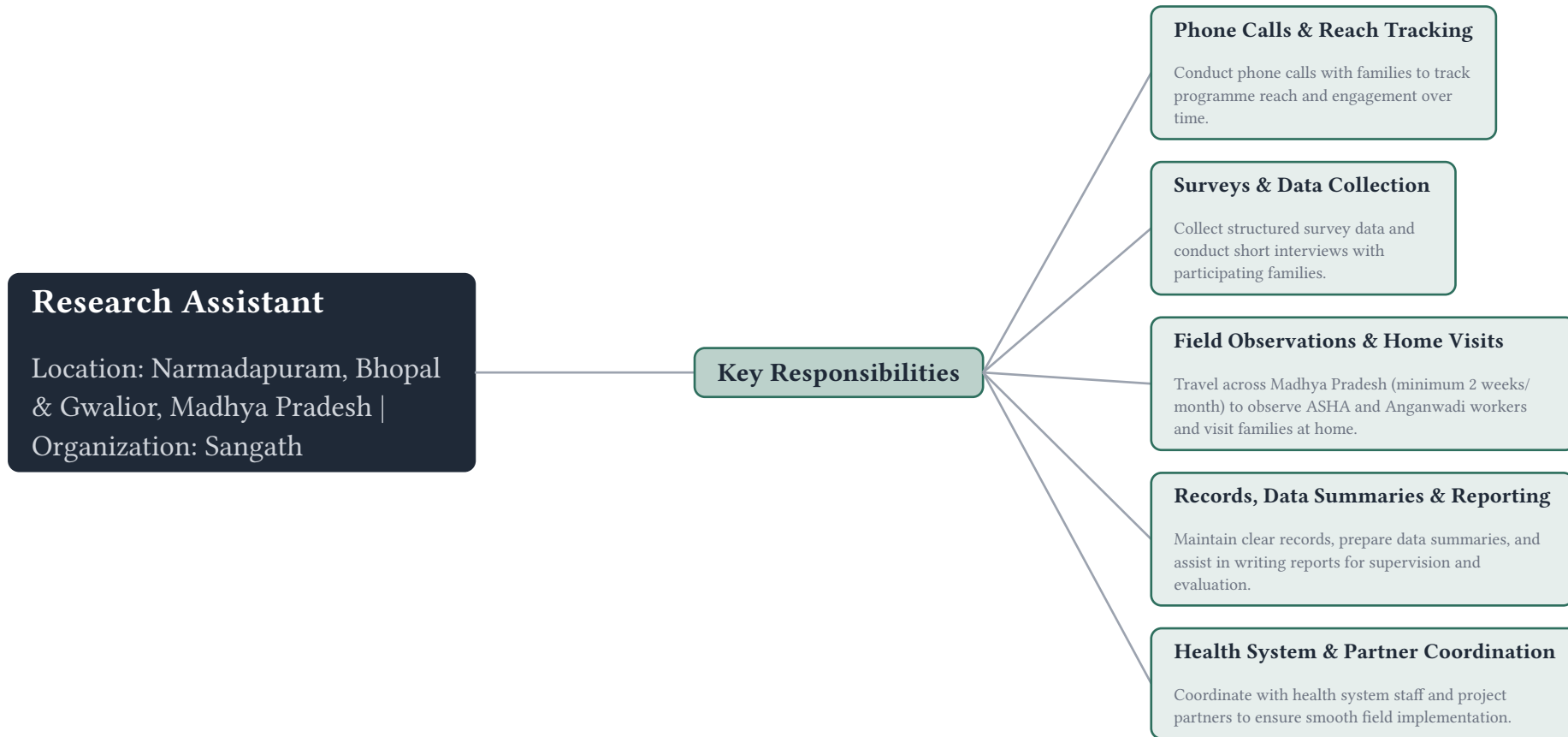


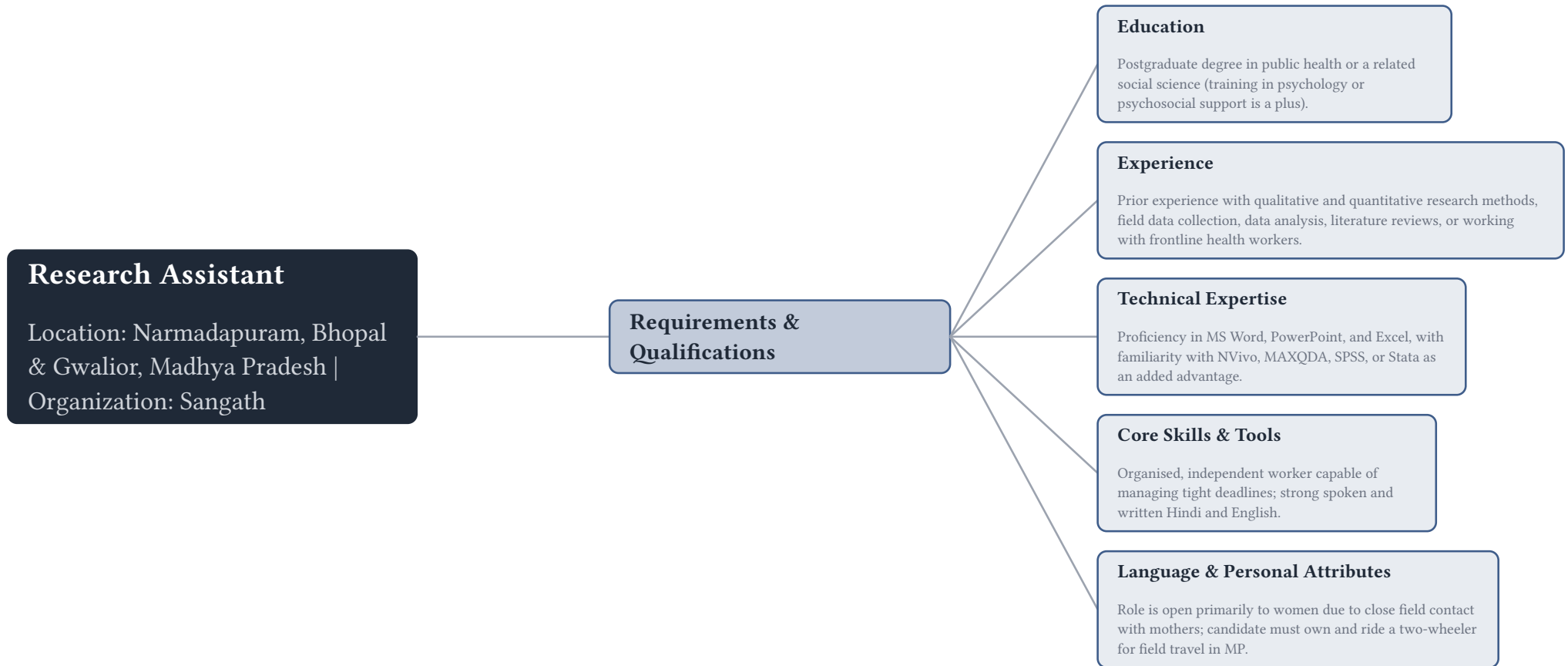
Research Assistant in Madhya Pradesh | Sangath | ₹4.8 LPA

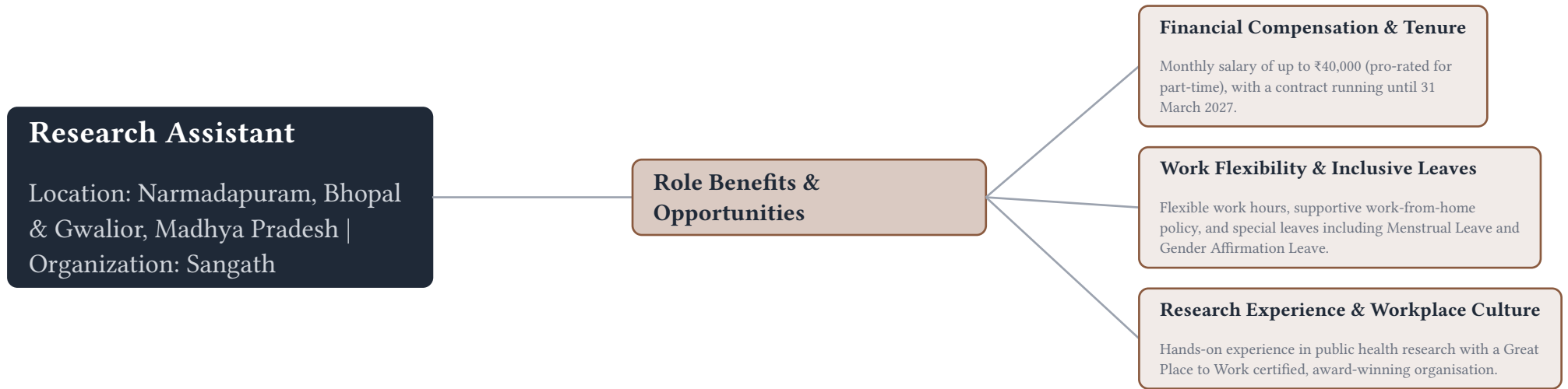
Narmadapuram, Madhya Pradesh, Bhopal, Madhya Pradesh, Gwalior, Madhya Pradesh · contract · entry level · ₹40,000 /month · Closes 2 Nov 2026

View this on aikyamjobs.org → <https://aikyamjobs.org/jobs/research-assistant-in-madhya-pradesh-sangath-4-8-lpa>











Job Description

[Application Assist →](#)

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Sangath

Sangath is a non-profit that works to make mental health and public health care reach everyone. For nearly thirty years it has run research and community programmes built on empathy, teamwork and respect for the people it serves. It trains local community members to provide care, so that support for the mind is available close to home. Sangath has been recognised as a Great Place to Work for its inclusive and supportive culture. This role sits within Sangath's SAHARA programme, which trains ASHA and Anganwadi workers across 8 districts of Madhya Pradesh to support mothers' mental health and young children's growth in the first 1000 days of life. Screenshot 2026-10-27 at 4.56.12 PM.png

Role

As a Research Assistant, you will help find out how well two proven programmes are reaching families. The first is Thinking Healthy, a peer-led programme for mothers facing depression during and after pregnancy. The second is Lalan Palan, a video-based parenting programme. You will call families, collect survey and interview data, visit villages and homes, and watch frontline health workers run their sessions. Full-time roles are based in Narmadapuram, Bhopal and Gwalior, and some part-time remote roles are also available. The contract runs until 31 March 2027.

Responsibilities

- Conduct phone calls with families to track how many people the programme reaches over time.
- Collect data through structured surveys and short interviews.
- Travel across Madhya Pradesh to observe ASHA and Anganwadi workers as they run sessions on their own.
- Visit families at home to understand their experience of the programme.
- Keep clear and timely records of activities, observations and findings.
- Prepare data summaries and help write reports for supervision and evaluation.



- Coordinate with health system staff and project partners to keep the programme running smoothly.

Requirements

- A postgraduate degree in public health or a related social science, and training in psychology or psychosocial support is a plus.
- Prior experience with qualitative and quantitative research methods, data collection and data analysis.
- Strong spoken and written Hindi and English, including technical and scientific writing.
- Skill in MS Word, PowerPoint and Excel, and some use of NVivo, MAXQDA, SPSS or Stata is a plus.
- Willingness to do field work across Madhya Pradesh for at least 2 weeks a month, and you must own and be able to ride a two-wheeler.
- Experience with literature reviews, working with frontline health workers or taking informed consent in the field is a plus.
- An organised, independent way of working, including when deadlines are tight.
- This role is open to women, because the field work involves close contact with mothers and families. Men will be considered only in exceptional cases.

Benefits

- Salary of up to ₹40,000 a month, with part-time pay set by hours worked.
- Flexible work timings and a supportive work-from-home policy.
- Special leave, including Menstrual Leave and Gender Affirmation Leave.
- Hands-on experience in public health research with an award-winning, people-first organisation.

Apply

Check your fit for the role and receive the apply link in your mailbox

Follow our WhatsApp Channel to get notified about the latest jobs.

Required Skills

Qualitative and quantitative research

Field data collection

Data analysis in SPSS / Stata

Qualitative analysis in NVivo / MAXQDA

Scientific writing in Hindi and English



Tags

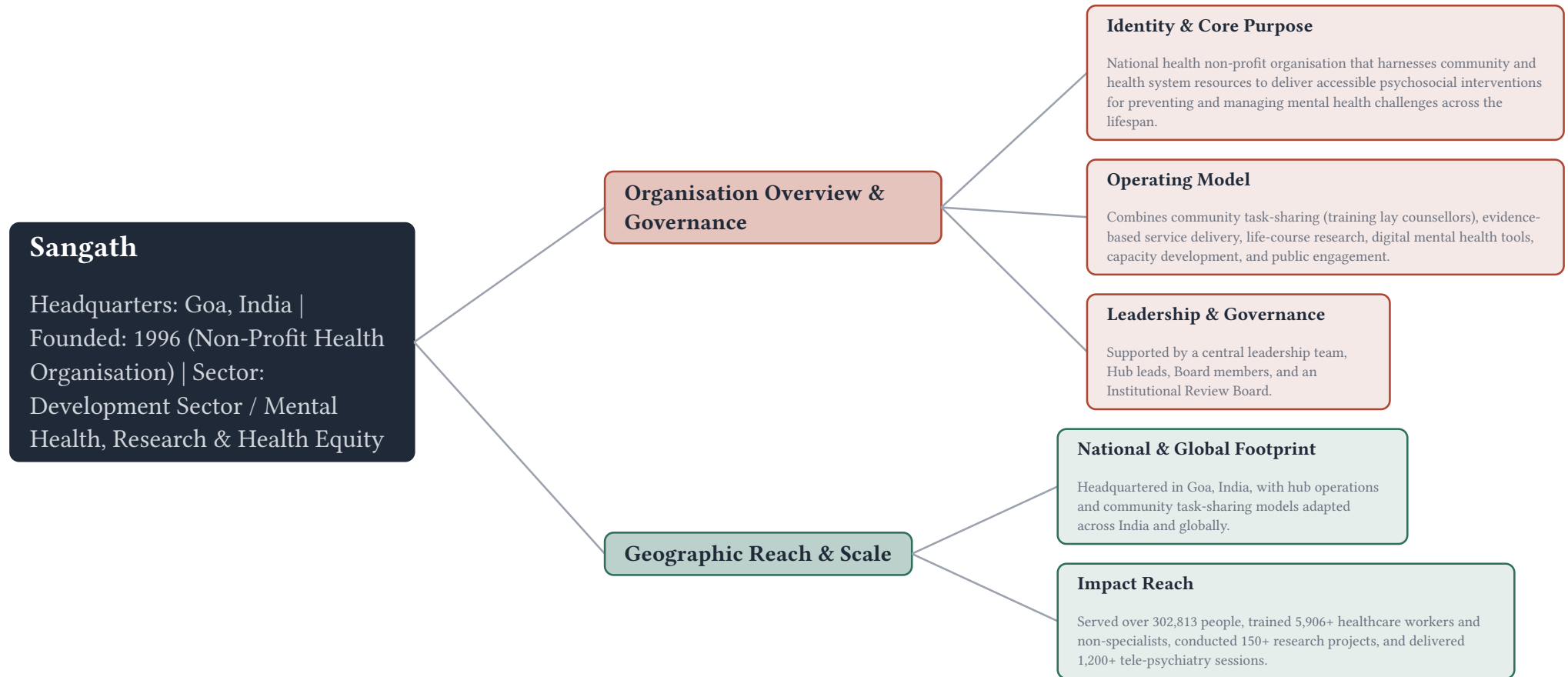
- Sangath
- Mental Health
- Monitoring & Evaluation
- Data
- Contract
- Fresher
- Madhya Pradesh

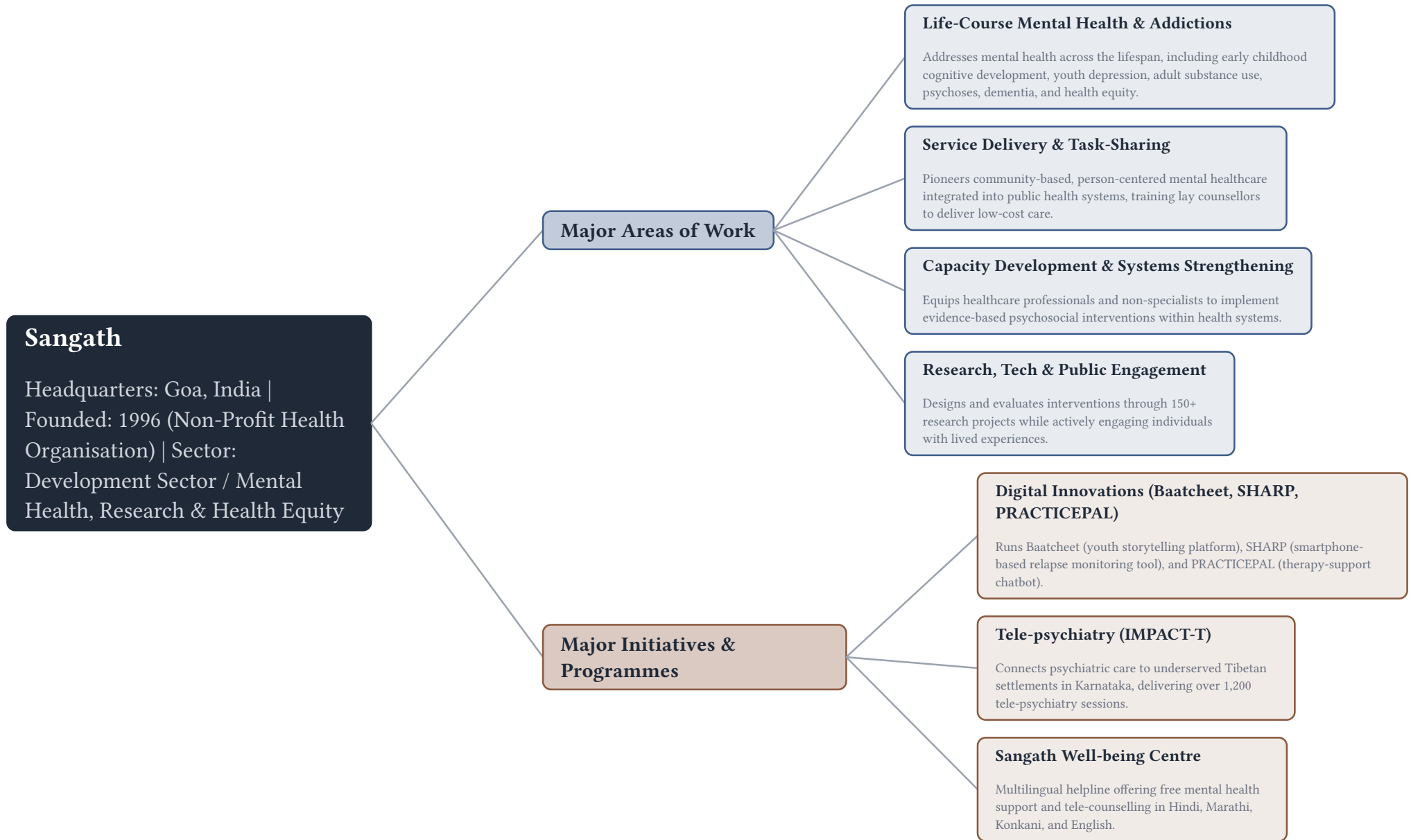


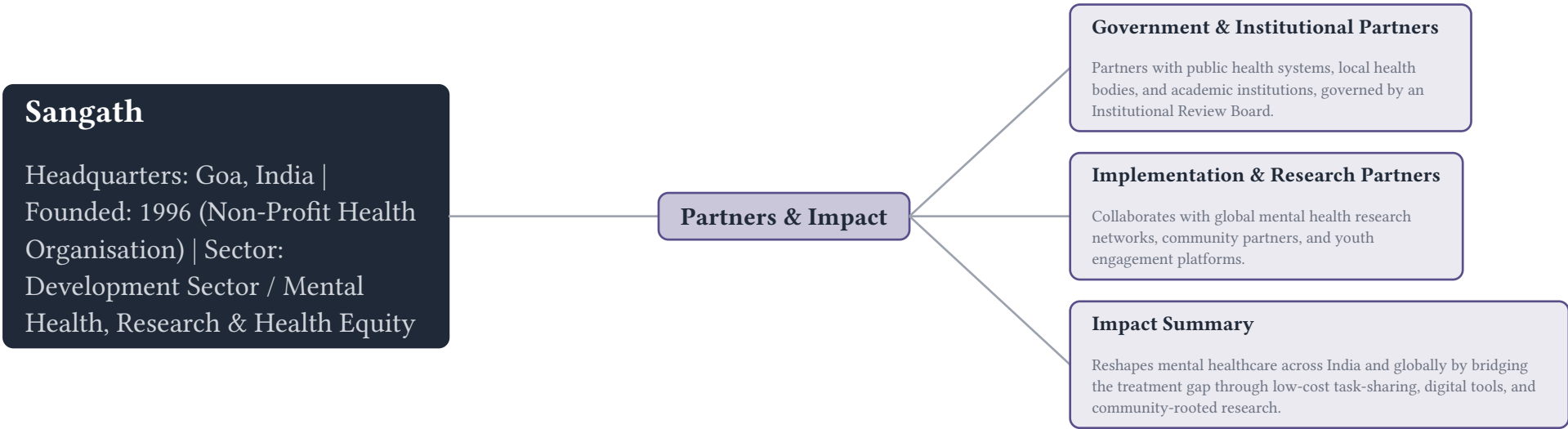
Sangath

Mental Health

View this on aikyamjobs.org → <https://aikyamjobs.org/companies/sangath>







About the Company

[Visit website →](#)

Sangath is an Indian mental health organisation that combines research, service delivery and community engagement to make mental health care more accessible. It describes its work as "rooted in care, driven by research, powered by community." It uses community and health system resources to deliver psychosocial interventions that prevent and manage mental health problems. Its work covers the whole lifespan, from early childhood cognitive development and youth depression to adult substance use, psychoses and dementia. Since 1996, Sangath has pioneered task-sharing, which means training lay counsellors to deliver low-cost, community-based mental health care. This model started in Goa and has since been adapted in other countries. Screenshot 2026-10-27 at 4.56.48 PM.png

 *Headquarters: Goa, India*

Major Areas of Work

- Research and Innovation: Designing and rigorously evaluating interventions to prevent, detect and manage mental health conditions.
- Service Delivery: Building community-based, person-centred mental health services into existing health systems so they are accessible, scalable and culturally responsive.
- Capacity Development: Training health and care professionals to deliver evidence-based interventions within public health systems.
- Public Engagement: Involving people with lived experience and the wider public to shape and improve its work and reduce stigma.
- Digital Mental Health: Building scalable digital tools for diverse needs, from youth support platforms to relapse monitoring and therapy support.

Major Initiatives and Programmes

- Baatcheet (It's Ok To Talk): A bilingual storytelling platform co-designed with young people, sharing peer-curated stories that build connection, reduce stigma and support coping in young adults.
- SHARP: Smartphone-based tools that monitor the risk of relapse.
- PracticePal: Chatbots that support therapy.



- IMPACT-T: A tele-psychiatry project that brings psychiatric care to underserved Tibetan settlements in Karnataka.
- Sangath Wellbeing Centre: A free, multilingual mental health service set up during the COVID-19 pandemic, offering a toll-free helpline and tele-counselling in Hindi, Marathi, Konkani and English for frontline workers and the general public.

Impact

According to its Annual Report 2025-26, Sangath has served more than 302,813 people, trained more than 5,906 healthcare workers and non-specialists, and carried out more than 150 research projects. It also reports more than 1,200 tele-psychiatry sessions delivered through the IMPACT-T project.

Sangath suits people who want to work where research and practice meet in mental health. Staff work alongside public health systems, lay counsellors, communities and people with lived experience, and the work spans clinical research, intervention design, training, digital tools and community outreach. Because the organisation has decades of task-sharing experience that is now used internationally, it is a good fit for researchers, public health professionals, psychologists, counsellors and programme staff who want their work to shape how mental health care is delivered at scale.

See the full listing and open roles: <https://aikyamjobs.org/companies/sangath>

Hope this gives you a clear, complete picture of the role — if it feels like a fit, the link above takes you straight to the full listing.